



Pennau Coffee Shop

Menu

Salad Bar Meals

Served with garlic bread, potato's and self service salad bar.

Prawns
Meat Lasagne
Vegetable Lasagne
Quiche
Home-cooked Ham & Pineapple
Smoked Mackerel
Chicken Breast
Cottage Cheese & Pineapple

Savoury Pancakes

Served with garlic bread and self service salad bar.

Ham & Cheese
Bolognese Sauce
Tuna & Mayonnaise
Garlic Mushrooms & Cheese
Cheese, Onion & Tomato

Other Meals and Specials

These meals do not include the self service salad bar.

Soup of the day
(served with roll or garlic bread)
Cawl (seasonal)
(served with roll or garlic bread)
Cottage Pie
Hot Roast Turkey Sandwich
Vegan Chilli

We do also have daily specials, please ask for more details

Panini's

Served with a salad trim

Bacon, Brie & Cranberry
Coronation Chicken
Cheese, Tomato & Basil
Sausage, Onion & Sweet Chilli Sauce
Turkey, Cranberry & Stuffing



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Jacket Potatoes

Served with a side salad.

Prawns
Cottage Cheese and Prawns
Ham, Apple & Mayonnaise
Ham & Cheese
Bolognese Sauce
Tuna Mayonnaise
Cottage Cheese and Pineapple
Garlic Mushrooms & Cheese
Bacon & Cheese
Bacon & Beans
Beans & Cheese
Beans
Cheese
Coleslaw
Butter

Sandwiches/Toasted Sandwiches/Rolls/Open Sandwiches

These come with a wide variety of fillings and optional salad and pringles. Gluten free options are also available please speak to staff for more information.

Sweets

We have a wide range of delicious homemade cakes and sweets
Our regular favourites include:

Chocolate Orange Meringue
Fruit Pavlova
Strawberry Gateau
Fruit Pie
Cheesecake
Welsh Tea
Homemade scones, Bara Brith and Welsh Cakes
Pancakes with a choice of fillings served with cream or ice cream

Mario's Luxury Welsh Ice Cream: A choice of flavours

Full Afternoon Tea

This includes a choice of sandwiches, selection of cakes and tea/coffee and optional prosecco. Bookings required along with deposit, please contact for more details.

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